

# Uppsala: Månens upp- och nedgångar år 2025

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	10:44 16:07	09:00 20:37	07:11 19:48	06:24 ...	05:27 02:27	09:29 01:52	11:34 00:03	14:53 22:10	18:25 21:06	17:39 23:02	14:54 00:30	13:03 02:54
2	10:48 17:55	08:59 22:18	07:10 21:33	06:30 01:37	06:48 03:18	11:03 01:53	12:58 00:02	16:24 22:12	19:09 22:16	17:42 ...	14:53 02:08	13:05 04:40
3	10:49 19:38	08:59 ...	07:10 23:23	06:48 03:28	08:32 03:35	12:30 01:53	14:21 00:01 24:00	17:59 22:18	19:24 23:53	17:43 00:44	14:53 03:49	13:08 06:35
4	10:49 21:18	08:58 00:01	07:10 ...	07:40 04:47	10:16 03:41	13:54 01:52	15:46 24:00	19:29 22:35	19:30 ...	17:43 02:26	14:53 05:35	13:19 08:35
5	10:49 22:57	09:00 01:48	07:13 01:16	09:12 05:18	11:53 03:43	15:16 01:51	17:15 ...	20:35 23:22	19:31 01:38	17:42 04:07	14:55 07:29	13:49 10:26
6	10:48 ...	09:04 03:38	07:21 03:10	10:56 05:28	13:22 03:43	16:39 01:50	18:48 00:00	21:04 ...	19:31 03:23	17:41 05:49	15:01 09:29	15:04 11:33
7	10:48 00:36	09:16 05:28	07:47 04:50	12:36 05:31	14:47 03:42	18:05 01:49	20:22 00:04	21:15 00:47	19:31 05:05	17:41 07:33	15:18 11:28	16:53 11:58
8	10:48 02:18	09:53 06:57	08:53 05:49	14:09 05:32	16:09 03:41	19:35 01:49	21:45 00:13	21:18 02:30	19:30 06:46	17:42 09:23	16:07 12:59	18:45 12:07
9	10:50 04:06	11:11 07:43	10:31 06:10	15:36 05:31	17:31 03:39	21:09 01:51	22:36 00:40	21:19 04:15	19:29 08:28	17:45 11:19	17:41 13:40	20:28 12:10
10	10:57 05:58	12:53 07:59	12:14 06:17	17:00 05:30	18:55 03:38	22:41 01:56	22:57 01:43	21:19 05:58	19:29 10:12	17:54 13:19	19:30 13:55	22:03 12:11
11	11:16 07:45	14:36 08:05	13:52 06:19	18:22 05:28	20:22 03:38	23:55 02:10	23:04 03:17	21:18 07:37	19:30 12:02	18:19 15:07	21:15 14:00	23:32 12:11
12	12:07 09:03	16:13 08:06	15:24 06:19	19:45 05:27	21:54 03:38	... 02:47	23:07 05:00	21:17 09:16	19:34 13:56	19:25 16:14	22:52 14:01	... 12:11
13	13:38 09:37	17:44 08:06	16:51 06:18	21:10 05:26	23:29 03:40	00:34 04:02	23:08 06:42	21:17 10:55	19:46 15:50	21:06 16:39	... 14:01	00:57 12:10
14	15:23 09:49	19:10 08:06	18:15 06:17	22:39 05:25	... 03:47	00:49 05:38	23:07 08:21	21:17 12:38	20:20 17:25	22:52 16:47	00:22 14:01	02:21 12:09
15	17:05 09:54	20:34 08:04	19:38 06:15	... 05:25	00:57 04:05	00:54 07:20	23:07 09:58	21:19 14:26	21:40 18:15	... 16:50	01:48 14:00	03:46 12:09
16	18:40 09:55	21:57 08:03	21:01 06:14	00:13 05:28	02:02 04:52	00:56 09:00	23:06 11:34	21:24 16:19	23:25 18:31	00:33 16:51	03:11 13:59	05:14 12:11
17	20:08 09:55	23:21 08:01	22:28 06:13	01:47 05:35	02:31 06:15	00:57 10:37	23:06 13:13	21:41 18:09	... 18:37	02:07 16:50	04:35 13:58	06:45 12:14
18	21:33 09:54	... 08:00	23:59 06:12	03:12 05:59	02:41 07:54	00:56 12:13	23:06 14:56	22:28 19:31	01:10 18:38	03:35 16:49	06:01 13:59	08:16 12:24
19	22:55 09:53	00:49 08:00	... 06:12	04:05 06:58	02:45 09:36	00:55 13:50	23:09 16:46	24:00 20:08	02:50 18:38	05:01 16:48	07:30 14:00	09:38 12:48
20	... 09:51	02:21 08:02	01:33 06:16	04:26 08:30	02:46 11:16	00:55 15:31	23:18 18:39	... 20:20	04:23 18:37	06:24 16:47	09:02 14:05	10:33 13:42
21	00:17 09:50	03:57 08:07	03:08 06:27	04:33 10:14	02:46 12:54	00:55 17:18	23:43 20:25	01:47 20:25	05:51 18:36	07:49 16:46	10:32 14:17	10:58 15:05
22	01:43 09:50	05:29 08:25	04:26 07:00	04:35 11:58	02:45 14:33	00:57 19:13	... 21:34	03:33 20:26	07:16 18:35	09:17 16:46	11:48 14:48	11:08 16:40
23	03:12 09:51	06:35 09:16	05:05 08:15	04:36 13:41	02:45 16:14	01:02 21:10	00:47 22:01	05:12 20:26	08:41 18:34	10:48 16:48	12:33 15:51	11:12 18:17
24	04:47 09:54	07:01 10:49	05:19 09:57	04:35 15:23	02:45 18:01	01:15 22:47	02:29 22:10	06:44 20:25	10:08 18:33	12:21 16:54	12:52 17:19	11:14 19:51
25	06:24 10:04	07:10 12:38	05:23 11:45	04:34 17:06	02:45 19:56	01:54 23:38	04:19 22:13	08:12 20:23	11:37 18:33	13:50 17:09	13:00 18:55	11:14 21:23
26	07:49 10:34	07:12 14:29	05:24 13:33	04:34 18:54	02:48 21:56	03:19 23:55	06:04 22:14	09:37 20:22	13:09 18:36	13:59 16:47	13:03 20:31	11:14 22:55
27	08:36 11:47	07:13 16:17	05:24 15:19	04:33 20:47	02:56 23:51	05:08 ...	07:40 22:14	11:03 20:21	14:43 18:43	14:33 18:02	13:04 22:06	11:13 ...
28	08:53 13:31	07:12 18:03	05:23 17:05	04:35 22:47	03:18 ...	06:56 00:01	09:10 22:13	12:30 20:21	16:09 19:03	14:47 19:35	13:04 23:40	11:13 00:29
29	08:59 15:22		05:22 18:51	04:39 ...	04:18 01:08	08:36 00:03	10:36 22:11	14:00 20:21	17:06 19:55	14:52 21:14	13:03 ...	11:14 02:08
30	09:01 17:11		06:22 21:42	04:51 00:47	05:59 01:38	10:08 00:03	12:00 22:10	15:34 20:25	17:31 21:21	14:53 22:53	13:03 01:15	11:16 03:54
31	09:01 18:56		06:22 23:38		07:47 01:49		13:25 22:10	17:07 20:36		14:54 ...		11:22 05:48

Framtagen av André Franke, meteorolog och amatörastronom, [www.astroinfo.se](http://www.astroinfo.se)

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.