

# Helsingborg: Månens upp- och nedgångar år 2024

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	21:51 11:25	... 09:53	... 08:15	04:01 08:58	03:53 10:54	02:38 14:57	01:07 17:23	00:46 20:33	03:41 20:01	05:26 18:27	07:20 15:58	09:12 14:52
2	23:06 11:30	00:40 09:59	01:11 08:26	04:54 10:07	04:06 12:32	02:44 16:30	01:19 18:59	01:48 21:09	05:04 20:07	06:42 18:31	08:42 16:08	10:27 15:30
3	... 11:34	02:03 10:08	02:37 08:44	05:27 11:37	04:15 14:08	02:51 18:06	01:36 20:30	03:07 21:30	06:22 20:12	07:57 18:35	10:06 16:23	11:24 16:31
4	00:22 11:39	03:30 10:21	04:01 09:15	05:46 13:17	04:22 15:44	03:00 19:44	02:06 21:44	04:32 21:43	07:39 20:16	09:14 18:41	11:27 16:49	12:00 17:51
5	01:39 11:45	04:58 10:45	05:10 10:10	05:58 14:58	04:29 17:19	03:13 21:22	02:54 22:35	05:57 21:51	08:54 20:20	10:34 18:48	12:37 17:33	12:22 19:22
6	03:01 11:52	06:20 11:27	05:56 11:30	06:07 16:37	04:35 18:57	03:35 22:50	04:03 23:06	07:19 21:57	10:10 20:24	11:57 18:59	13:27 18:39	12:35 20:56
7	04:27 12:03	07:21 12:36	06:24 13:09	06:14 18:16	04:43 20:36	04:11 23:57	05:26 23:24	08:37 22:02	11:27 20:30	13:20 19:16	13:58 20:03	12:44 22:28
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Framtagen av André Franke, meteorolog och amatörastronom, [www.astroinfo.se](http://www.astroinfo.se)

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.