

# Arvika: Månens upp- och nedgångar år 2025

	Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December
1	11:02 16:31	09:20 20:59	07:31 20:09	06:46 ...	05:53 02:43	09:52 02:11	11:56 00:22	15:13 22:32	18:41 21:33	17:57 23:26	15:13 00:53	13:24 03:15
2	11:07 18:18	09:19 22:39	07:31 21:54	06:53 01:56	07:13 03:34	11:25 02:12	13:19 00:22	16:44 22:34	19:24 22:42	18:01 ...	15:13 02:30	13:26 05:01
3	11:09 20:01	09:19 ...	07:31 23:43	07:13 03:46	08:57 03:53	12:52 02:13	14:42 00:21	18:17 22:42	19:41 ...	18:02 01:08	15:13 04:10	13:31 06:55
4	11:09 21:40	09:19 00:22	07:32 ...	08:06 05:02	10:39 04:00	14:15 02:12	16:07 00:21	19:45 23:01	19:48 00:18	18:03 02:49	15:14 05:56	13:43 08:54
5	11:09 23:18	09:21 02:08	07:35 01:35	09:37 05:35	12:15 04:02	15:37 02:11	17:35 00:21	20:50 23:49	19:50 02:02	18:02 04:29	15:17 07:49	14:15 10:43
6	11:08 ...	09:27 03:58	07:45 03:28	11:20 05:46	13:44 04:02	17:00 02:11	19:07 00:22	21:21 ...	19:51 03:46	18:02 06:10	15:24 09:49	15:30 11:49
7	11:08 00:57	09:41 05:46	08:13 05:06	12:59 05:50	15:08 04:02	18:25 02:10	20:40 00:26	21:32 01:12	19:51 05:27	18:02 07:55	15:43 11:46	17:17 12:16
8	11:09 02:39	10:19 07:13	09:20 06:05	14:31 05:51	16:30 04:01	19:55 02:11	22:01 00:38	21:37 02:54	19:50 07:08	18:03 09:44	16:33 13:16	19:08 12:25
9	11:12 04:26	11:37 08:00	10:56 06:27	15:58 05:51	17:52 04:00	21:28 02:13	22:52 01:06	21:38 04:38	19:50 08:49	18:07 11:39	18:06 13:57	20:51 12:29
10	11:20 06:17	13:17 08:17	12:38 06:35	17:21 05:50	19:15 03:59	22:58 02:19	23:14 02:10	21:39 06:20	19:50 10:33	18:17 13:37	19:54 14:12	22:25 12:31
11	11:41 08:02	15:00 08:23	14:15 06:38	18:43 05:49	20:42 03:59	... 02:35	23:22 03:42	21:38 08:00	19:52 12:22	18:45 15:24	21:38 14:18	23:54 12:31
12	12:33 09:19	16:36 08:25	15:47 06:38	20:06 05:48	22:13 04:00	00:11 03:13	23:26 05:24	21:38 09:37	19:57 14:16	19:51 16:30	23:15 14:20	... 12:31
13	14:04 09:54	18:06 08:26	17:13 06:38	21:30 05:47	23:47 04:03	00:50 04:27	23:27 07:05	21:38 11:16	20:10 16:08	21:31 16:56	... 14:21	01:18 12:30
14	15:47 10:07	19:32 08:25	18:36 06:37	22:59 05:47	... 04:10	01:06 06:03	23:27 08:44	21:38 12:59	20:47 17:42	23:16 17:05	00:44 14:21	02:41 12:30
15	17:28 10:12	20:55 08:24	19:59 06:36	... 05:47	01:14 04:30	01:13 07:43	23:27 10:20	21:41 14:46	22:06 18:31	... 17:09	02:09 14:20	04:06 12:31
16	19:02 10:14	22:17 08:23	21:22 06:35	00:32 05:51	02:17 05:18	01:15 09:22	23:27 11:56	21:47 16:38	23:49 18:49	00:56 17:10	03:32 14:20	05:33 12:32
17	20:30 10:14	23:42 08:22	22:48 06:34	02:05 06:00	02:47 06:40	01:16 10:59	23:27 13:34	22:06 18:26	... 18:55	02:29 17:10	04:56 14:19	07:04 12:37
18	21:54 10:14	... 08:22	... 06:34	03:28 06:25	02:59 08:18	01:16 12:35	23:28 15:16	22:55 19:47	01:34 18:57	03:57 17:09	06:21 14:20	08:34 12:48
19	23:16 10:13	01:09 08:22	00:18 06:35	04:21 07:24	03:03 09:59	01:16 14:11	23:32 17:05	... 20:25	03:12 18:58	05:22 17:08	07:49 14:22	09:54 13:13
20	... 10:12	02:40 08:24	01:52 06:39	04:43 08:56	03:05 11:39	01:16 15:52	23:42 18:58	00:25 20:38	04:45 18:57	06:45 17:08	09:20 14:28	10:49 14:08
21	00:38 10:11	04:15 08:31	03:25 06:52	04:51 10:37	03:05 13:16	01:16 17:39	... 20:42	02:12 20:43	06:13 18:57	08:10 17:07	10:50 14:42	11:15 15:30
22	02:03 10:11	05:46 08:51	04:41 07:27	04:54 12:21	03:05 14:55	01:18 19:33	00:08 21:50	03:56 20:45	07:38 18:56	09:37 17:08	12:04 15:14	11:26 17:04
23	03:32 10:13	06:50 09:43	05:21 08:41	04:55 14:03	03:05 16:35	01:24 21:28	01:13 22:18	05:34 20:45	09:02 18:55	11:07 17:11	12:50 16:17	11:31 18:40
24	05:06 10:17	07:18 11:14	05:36 10:22	04:55 15:45	03:05 18:22	01:39 23:04	02:55 22:28	07:06 20:45	10:28 18:55	12:39 17:17	13:10 17:44	11:33 20:13
25	06:42 10:28	07:27 13:02	05:42 12:09	04:55 17:28	03:07 20:16	02:20 23:54	04:43 22:32	08:33 20:44	11:57 18:55	14:07 17:33	13:18 19:19	11:33 21:45
26	08:05 11:01	07:31 14:52	05:43 13:56	04:54 19:15	03:10 22:15	03:45 ...	06:26 22:33	09:59 20:43	13:28 18:59	14:14 17:14	13:21 20:54	11:33 23:17
27	08:52 12:13	07:32 16:40	05:44 15:41	04:55 21:08	03:19 ...	05:33 00:12	08:02 22:33	11:23 20:42	15:01 19:07	14:50 18:27	13:23 22:28	11:33 ...
28	09:10 13:56	07:32 18:25	05:43 17:26	04:56 23:07	03:43 00:08	07:19 00:19	09:32 22:33	12:50 20:42	16:25 19:29	15:04 20:00	13:23 ...	11:34 00:50
29	09:17 15:46		05:43 19:13	05:01 ...	04:44 01:24	08:59 00:22	10:57 22:32	14:20 20:44	17:22 20:21	15:10 21:38	13:23 00:02	11:35 02:29
30	09:19 17:34		06:43 22:03	05:15 01:06	06:23 01:55	10:30 00:23	12:21 22:31	15:52 20:48	17:47 21:46	15:12 23:16	13:23 01:36	11:38 04:14
31	09:20 19:18		06:43 23:58		08:11 02:07		13:46 22:31	17:24 21:01		15:13 ...		11:45 06:08

Framtagen av André Franke, meteorolog och amatörastronom, [www.astroinfo.se](http://www.astroinfo.se)

Beräkningarna avser månens överkant.

... - upp- eller nedgången inträffar först nästa dag

under/över - månen befinner sig dygnet runt under/över horisonten och går varken upp eller ner. Detta kan hända enbart i norra Sverige.

två tider för upp- eller nedgången betyder att månen går upp eller ned två gånger samma dag. Detta händer enbart i sällsynta fall i norra Sverige.